



EMMA B. HOWE YMCA

LAP POOL SCHEDULE

December 1st-14th

YMCA will be closed on Christmas Day.

Please note no open swim available during the swim lessons.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am Lap Swim (4) Open Swim(2)	5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am Lap Swim (4) Open Swim(2)	5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class	7:00am-7:45am Lap Swim(6)	7:00am-11:30am LapSwim(4) Open Swim(2) **12/06 Lap Swim (3) Open Swim (1) Certification class(2)
9:15am-10:00am Water Ex Class		9:15am-10:00am WaterEx Class		9:15am-10:00am Water Ex Class	8:00am-8:45am Water Ex Class	
10:15am-1:00pm Lap Swim(4) Open Swim(2)		11:00am-11:45am Water Ex Class	10:15am-1:00pm Lap Swim(4) Open Swim(2)	10:15am-1:00pm Lap Swim(4) Open Swim (2)		
1:00-2:30pm CLOSED	12:00pm-2:30pm CLOSED	1:00-2:30pm CLOSED	12:00pm-2:30pm CLOSED	9:00am-4:45pm Lap Swim(4) Open Swim(2) **12/05 Lap Swim (2) Open Swim(2) Certification Class(2)		
2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:00pm Lap Swim(4) Open Swim(2)	11:15 am-1:30pm Lap swim(4) Swim Lessons(2) **12/06 Lap swim(2) Swim Lesson (2) Certificatin class(2)	1:30pm-4:45pm LapSwim (4) Open Swim (2) **12/06 Lap swim(2) Open Swim (2) Certificatin class(2)
4:15pm-6:15pm Lap Swim(4) Swim Lessons(2)	4:15pm-8:30pm Lap Swim(4) Open Swim(2)	4:15pm-6:15pm Lap Swim(4) Swim Lessons(2)	4:15pm-8:30pm Lap Swim(4) Open Swim(2) **12/03 Lap Swim (2) Open Swim(2) Certification Class(2)	4:00pm-8:45pm Lap Swim (4) Open Swim (2) **12/04 Lap Swim (2) Open Swim(2) Certification Class(2)	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
6:15pm-8:45pm Lap Swim(4) Open Swim(2)		6:15pm-8:45pm LapSwim(4) OpenSwim(2)	CLOSED			

**No Slide during Water EX classes.



EMMA B. HOWE YMCA

LEISURE POOL SCHEDULE

December 1st-14th

YMCA will be closed on Christmas Day.

Please note no open swim available during the swim lessons.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8:am
8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	8:00am-11:15am Open Swim
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class	10:15am-12pm Water Volleyball (deep Leisure)/ Open Swim	
10:00am-11:00am Open Swim		10:00am-11:00am Open Swim		11:00am-11:45am Water Ex Class		
11:00am-1:00pm CLOSED	11:00am-11:45am Water Ex Class	10:00am-11:00am Open Swim	11:00am-11:45am Water Ex Class	10:15am-12pm Water Volleyball (deep Leisure)/ Open Swim	8:45am-4:45pm Open Swim	11:15am-1:10pm Swim Lessons
1:00-2:30pm Deep Water Ex(Adult Only)/Open Swim	12:00pm-1:00pm WaterVolleyball /Open Swim	11:00am-1:00pm CLOSED	12:00pm-1:00pm WaterVolleyball /Open Swim	12:00pm-1:00pm CLOSED		
2:30-4:15pm CLOSED	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)/Open Swim	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)/Open Swim		1:30pm-4:45pm Open Swim
4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	2:30pm-4:15 CLOSED	2:30pm-4:15pm CLOSED	2:30pm-4:15 CLOSED	2:30-4:15pm CLOSED		
4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	4:15pm-8:30pm Open Swim	4:15pm-6:15pm Swim Lessons/ Deep Water exercise(Adult ONLY)	4:15pm-8:30pm Open Swim	4:15pm-8:45pm Open Swim	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
6:15-8:45pm Open Swim		6:15-8:45pm Open Swim	CLOSED			

Attention:Slide will be turn on only with 3 lifeguards on duty.(EXCEPTION :DURING AQUA ZUMBA CLASS)

**No Slide during Water EX classes.



EMMA B. HOWE YMCA LAP POOL SCHEDULE

December 15th-20th

YMCA will be closed on Christmas Day.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am Lap Swim (4) Open Swim(2) 11:00am-11:45am Water Ex Class 12:00pm-2:30pm CLOSED	5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am Lap Swim (4) Open Swim(2) 11:00am-11:45am Water Ex Class 12:00pm-2:30pm CLOSED	5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class	7:00am-7:45am Lap Swim(6)	7:00am-4:45pm LapSwim(4) Open Swim(2)
9:15am-10:00am Water Ex Class		9:15am-10:00am WaterEx Class		9:15am-10:00am Water Ex Class	9:00am-4:45pm Lap Swim(4) Open Swim(2)	
10:15am-1:00pm Lap Swim(4) Open Swim(2)		10:15am-1:00pm Lap Swim(4) Open Swim(2)		10:15am-1:00pm Lap Swim(4) Open Swim (2)		
1:00-2:30pm CLOSED		1:00-2:30pm CLOSED		1:00-2:30pm CLOSED		
2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:15pm Lap Swim(4) Open Swim(2)	2:30pm-4:00pm Lap Swim(4) Open Swim(2)			
4:15pm-8:15pm Lap Swim(4) Open Swim (2)	4:15pm-8:30pm Lap Swim(4) Open Swim(2)	4:15pm-6:15pm Lap Swim(4) Open Swim(2)	4:15pm-8:30pm Lap Swim(4) Open Swim(2)	4:00pm-8:45pm Lap Swim (4) Open Swim (2)	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
	CLOSED	6:15pm-8:45pm LapSwim(4) OpenSwim(2)	CLOSED			

**No Slide during Water EX classes.



EMMA B. HOWE YMCA LEISURE POOL SCHEDULE

December 15th-20th

YMCA will be closed on Christmas Day.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8:am
8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class		8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	8:00am-4:45pm Open Swim
9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		9:15am-10:00am Water Ex Class		
10:00am-11:00am Open Swim		10:00am-11:00am Open Swim		10:15am-12pm Water Vollyball (deep Leisure)/ Open Swim		
11:00am-1:00pm CLOSED	11:00am-11:45am Water Ex Class	11:00am-1:00pm CLOSED	11:00am-11:45am Water Ex Class			
	12:00pm-1:00pm WaterVolleyball /Open Swim	12:00pm-1:00pm WaterVolleyball /Open Swim	12:00pm-1:00pm CLOSED			
1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	8:45am-4:45pm Open Swim	
2:30-4:00pm CLOSED	2:30pm-4:00pm CLOSED	2:30pm-4:00pm CLOSED	2:30pm-4:00pm CLOSED	2:30-4:00pm CLOSED		
4:00pm-8:45pm Open Swim	4:00pm-8:30pm Open Swim	4:15pm-6:8:45pm Open swim	4:00pm-8:30pm Open Swim	4:00pm-8:45pm Open Swim	CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
	CLOSED		CLOSED			

Attention:Slide will be turn on only with 3 lifeguards on duty.(EXCEPTION :DURING AQUA ZUMBA CLASS)

**No Slide during Water EX classes.



EMMA B. HOWE YMCA

LAP POOL SCHEDULE

December 20th-27th

YMCA will be closed on Christmas Day.

		Christmas Eve	Christmas Day			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am	CLOSED 5:00am-7:00am	CLOSED	5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
				7:00am-7:45am Lap Swim(6)	7:00am-4:45pm LapSwim(4) Open Swim(2)	
8:15am-9:00am Water Ex Class		Lap Swim (4) Open Swim(2)		7:00am-8:45am Water Ex Class		
9:15am-10:00am Water Ex Class	9:00am-9:45am WaterEx Class	9:15am-10:00am Water Ex Class		9:00am-4:45pm Lap Swim(4) Open Swim(2)		
10:15am-8:45pm Lap Swim(4) Open Swim(2)	11:00am-11:45am Water Ex Class	10:00am-11:30pm Lap Swim(4) Open Swim(2)				10:15am-1:00pm Lap Swim(4) Open Swim (2)
	12:00pm-8:30pm Lap Swim (4) Open Swim (2)	11:45-8:45pm CLOSED			1:00pm-8:45pm Lap Swim(4) Open swim(2)	CLOSED 4:45pm-9:00pm
				CLOSED		

**No Slide during Water EX classes.



EMMA B. HOWE YMCA

LEISURE POOL SCHEDULE

December 20th-27th

YMCA will be closed on Christmas Day.

Christmas Eve			Christmas Day			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7am	CLOSED 5:00am-8:30pm	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-9:00am Open Swim		7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8am
8:15am-9:00am Water Ex Class		9:00am-9:45am Water Ex Class		8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	8:00am-4:45pm Open Swim
9:15am-10:00am Water Ex Class		10am-11:30am Open Swim		9:15am-10:00am Water Ex Class	8:45am-4:45pm Open Swim	
10:00am-1:00pm Open Swim		11:00am-11:45am Water Ex Class		10:15am-12pm Water Volleyball (deep Leisure)/ Open Swim		
	12:00pm-1:00pm WaterVolleyball /Open Swim			1:00-2:30pm Deep Water Ex(Adult Only)Open Swim		
1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	11:30am-8:45pm CLOSED				
2:30-8:45pm Open Swim	2:30pm-8:30pm Open Swim					
	CLOSED				CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm

Attention:Slide will be turn on only with 3 lifeguards on duty.(EXCEPTION :DURING AQUA ZUMBA CLASS)

**No Slide during Water EX classes.



Emma B. Howe YMCA

LAP POOL SCHEDULE

December 28th-Jan 3rd

		New Year's Eve		NEW YEAR'S Day			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am-8:00am Lap Swim (4) Open Swim (2)	5:00am-10:45am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	5:00am-8:00am Lap Swim (4) Open Swim (2)	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	7:00am-4:45pm LapSwim(4) Open Swim(2)
8:15am-9:00am Water Ex Class		7:00am-8:45am Lap Swim(4) Open Swim(2)	7:00am-10:45am LapSwim (4) Open Swim (2)	8:15am-9:00am Water Ex Class	7:00am-7:45am Lap Swim(6)		
9:15am-10:00am Water Ex Class		9:00am-9:45am WaterEx Class		9:15am-10:00am Water Ex Class	9:00am-4:45pm		
10:15am-1:00pm Lap Swim(4) Open Swim(2)		11:00am-11:45am Water Ex Class		10:15am-1:00pm Lap Swim(4) Open Swim (2)			
1:00-8:45pm Lap Swim(4) Open Swim (2)	12:00pm-8:30pm Lap Swim (4) Open Swim(2)	10:00am-4:45pm Lap Swim(4) Open Swim(2)	12:00pm-4:45pm Lap Swim(4) Open Swim (2)	1:00pm-8:45pm Lap Swim (4) Open Swim (2)	Lap Swim(4) Open Swim(2)		
		CLOSED 4:45pm-8:45pm	CLOSED 4:45pm-8:45pm		CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm	
	CLOSED						

**No Slide during Water EX classes.



EMMA B. HOWE YMCA

LEISURE POOL SCHEDULE

December 28th-Jan 3rd

New year's Eve		NEW YEAR's Day				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-8:30pm	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am	CLOSED 5:00am-7:00am
7:00am-8:15am Open Swim	7:00am-11:00am Open Swim	7:00am-9:00am Open Swim	7:00am-11:00am Open Swim	7:00am-8:15am Open Swim	CLOSED 7:00am-7:45am	CLOSED 7:00am-8:am
8:15am-9:00am Water Ex Class		9:00am-9:45am Water Ex Class		8:15am-9:00am Water Ex Class	8:00am-8:45am Water Ex Class	8:00am-4:45pm Open Swim
9:15am-10:00am Water Ex Class				9:15am-10:00am Water Ex Class	8:45am-4:45pm Open Swim	
10:00am-1:00pm Open Swim				10:15am-12pm Water Volleyball (deep Leisure)/ Open Swim		
				11:00am-11:45am Water Ex Class		
	12:00pm-1:00pm WaterVolleyball /Open Swim		12:00pm-1:00pm Open Swim			
1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	1:00pm - 2:30pm Deep Water Ex(adult only)/Open Swim	1:00-2:30pm Deep Water Ex(Adult Only)Open Swim	8:45am-4:45pm Open Swim		
2:30-8:45pm Lap Swim(4) Open Swim(2)	2:30pm-8:30pm Open Swim	10:00am-4:45pm Open Swim	2:30pm-4:45pm open Swim			
		CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm		CLOSED 4:45pm-9:00pm	CLOSED 4:45pm-9:00pm
	CLOSED					

Attention:Slide will be turn on only with 3 lifeguards on duty.(EXCEPTION :DURING AQUA ZUMBA CLASS)

**No Slide during Water EX classes.