



DAYTON YMCA

LAP POOL SCHEDULE

December
8th - 13th

POOL SCHEDULE WILL BE UPDATED AS STAFFING IS CONFIRMED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-1:00pm Lap Swim(3) Water Walking(1)	5:30am-12:30pm Lap Swim(3) Water Walking(1)	5:30am-7:15am Lap Swim(3) Water Walking(1)	5:30am-7:15am Lap Swim(3) Water Walking(1)	CLOSED	CLOSED ON SUNDAYS
			7:15am-7:45am SwimLesson(2)Lap(2)		7:30am-9:00am Lap Swim(3) Open Swim(1)	
			7:45am-1:00pm Lap Swim(3) Water Walking(1)		9:00am-9:45am Water X(2) Lap Swim(2)	
					9:45am-1:00pm Lap Swim(3) Water Walking(1)	
1:00pm-3:15pm Lap Swim(3) Open Swim(1)	1:00pm-3:15pm Lap Swim(3) Open Swim(1)	1:00pm-3:15pm Lap Swim(3) Open Swim(1)	1:00pm-3:15pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-2:45pm Lap Swim(3) Open Swim(1)	
CLOSED FOR BREAK	CLOSED FOR BREAK	CLOSED FOR BREAK	CLOSED FOR BREAK			
4:00pm-5:30pm Lap Swim(3) Open Swim(1)	4:00pm-7:45pm Lap Swim(3) Open Swim(1)	4:00pm-7:45pm Lap Swim(3) Open Swim(1)	4:00pm-7:45pm Lap Swim(3) Open Swim(1)			
5:30pm-6:15pm Water X(2) Lap Swim(2)						
6:15pm-7:45pm Lap Swim(4)						
POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED		

*Hot Tub is closed for cleaning every other Tuesday 5:30am-11am

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.