

Dear UY Community Member,

This year the University Y hosted its 14th annual Learn to Network event, which brought 100 students and professionals (including many UY alums!) together to practice building authentic relationships with curiosity and compassion.

Educators Jermaine Davis and Patti Neiman (the UY's longtime Director of Education/Leadership) challenged us with the headline, "Grow through what you go through."

This is an important message for our University Y community today.

We as a community and campus have **gone through** a lot. Painful global and local challenges. Changes in leadership at the University of Minnesota and other major community institutions. Rising mental health needs on campus and in local schools. The list goes on...

Yet the UY has been here year after year, fostering growth through experiences for young adults.

When we nurture growth in our young adults, they nurture growth in our community! This year our student leaders are:

- Supporting children alongside our teachers in classrooms in local schools
- Creating access to vaccinations and hosting public health education events
- Serving as mentors to youth in community-based afterschool programs
- Training peers and community leaders in Mental Health First Aid
- Hosting dialogue and conversations around difficult topics to promote understanding

By the numbers, this academic year we logged **19,137 service hours** with over **125 college students** engaged in activating their values. **70% of our students** identify as underrepresented in higher education, and they found a safe space of belonging at the UY. You help make all this and more possible by investing in the University Y.

Thank you for all the growth you have nurtured this year.

With hope,

