



NEW HOPE YMCA QUARTERLY NEWSLETTER

YMCA OF THE NORTH | SUMMER 2024

LETTER FROM OUR LEADERS

BY CHRISTINE FRIDAY AND NINA WOLF

Happy Summer New Hope YMCA Members!

Welcome to our first edition of our Quarterly Newsletter. We hope to use this newsletter to share updates and highlights with you.

First, however, we would like to take a moment and introduce ourselves. We are the new Community Leaders at the New Hope YMCA. We have been here since October and have enjoyed getting to know the members, staff and community.

Nina began her Y career over 25 years ago in various roles and has been at the New Hope YMCA for over three years now.

Christine began her Y career here at New Hope back in 2014 and has been at multiple locations in various roles as well.

We are both excited about the growth and development of this Y within our community. If you see us around, please introduce yourself!

Christine Friday & Nina Wolf

Facility Hours:

Mon - Fri 5am-9pm

Sat - Sun 7am-5pm

INSIDE

**Program
Updates**



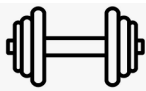
**Save
The Date**



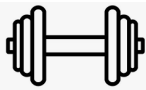
**Mission
Update**



Health and Wellness Updates



Schedule a complimentary Fitness Assessment to get on the right path to achieving your goals. Register at the Welcome Desk.



Ramp up your overall wellness by slowing down. Try our Tai Chi class on Mondays at 1pm.



Aquatics Updates



Summer swim lesson registration is open, we still have lots of open spots available.



Splash Pad is now open for the summer!



Did you know that the New Hope YMCA has a swim team for youth? For more info, see our Welcome Desk.

ForeverWell Updates



Outdoor Walking Group is back! Tuesday mornings 9-10am, weather permitting. Dates and locations can be found in the ForeverWell Newsletter.



Are you looking for an indoor activity during the hot months? Knitters and Crocheters meet Monday afternoons 2-3:30pm. Beginners welcome!



Indoor Pickleball! 4 courts available for drop-in play. Monday, Wednesday, and Friday mornings 10am-Noon. Saturday afternoons Noon - 2pm. No registration required.

Facility Updates

Space Closures for Refinishing



Studio 1

Aug 30 - Sept 2



Studio 2

Sept 5 - Sept 8



Basketball Gym

Sept 3 - Sept 8



Swim Lesson
Registration



Branch
Schedules



SAVE THE DATE



2ND ANNUAL FAMILY FUN NIGHT

SPLASH PAD PARTY

THURSDAY, JUNE 13TH

5:30PM-8:00PM

- Outdoor Splash Pad
- Bounce Houses
- Meet Mayor Kathi Hemken!
- West Metro Fire
- New Hope Police Department
- Hot Dogs/Hamburgers*
- Ice Cream/Popsicles
- Face Painting/Games

*Hotdogs/Hamburgers available 5:30-6:30pm

NEW HOPE YMCA

7601 42nd Ave N, New Hope MN 55427
763-535-4800

Free

22-GE01

MISSION UPDATE

OUR MISSION IN ACTION

In 2024, our goal of \$125,289 will support the following initiatives:

Safety Around Water - The New Hope YMCA will continue to lead the charge to ensure our children have the necessary skills to keep them safe around water and find joy in nature and fitness.

Healthy Adults and Families -

Providing scholarships to enable adults and families to participate in health and wellness and youth programs. We will also continue our courtesy check-in calls to our senior community.

Youth Development - Over 850 children and youth utilize our Y for ECLC and childcare programming which empowers them to explore their full potential.

ANNUAL FUND

2024 Goal	\$125,289
2024 To Date	\$24,975
2024 Need	\$100,314



HOW TO GIVE

1. Donate via credit card or bank account at ymcanorth.org/give
2. Become a sustaining donor by giving a set amount monthly. Sign up at ymcanorth.org/give
3. Become a volunteer! Check out our opportunities at www.ymcanorth.org/volunteer.
4. Create your legacy - include the YMCA in your will or trust.
5. Don't forget matching gifts! Find out if your employer will match at ymcanorth.org/give.

DONATE NOW!

