

#### **SOUTHDALE YMCA**

### **LEISURE POOL SCHEDULE**

December 1 - December 14, 2025

\*\*\*Reservations Required for all evening, weekend and Water Exercise Classes in the Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
		Water X Class 7:45-8:30 Reservations Required	Water X Class 7:45-8:30 Reservations Required	Water X Class 7:45-8:30 Reservations Required		
Open Swim Vortex On 9:00-11:55 No Reservations	Open Swim Vortex On 9:00-11:55 No Reservations		CLOSED Open Swim Vortex On 9:00-11:55 No Reservations	CLOSED Open Swim Vortex On 9:00-11:55 No Reservations	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55 12:00-12:55 1:00-1:55 2:00-2:55 Reservations	CLOSED
		CLOSED	CLOSED Water X Class 12:15-1:00 Reservations Required	CLOSED Water X Class 12:15-1:00 Reservations Required	Required	
CLOSED	CLOSED		CLOSED	CLOSED		Open Swim Vortex On 2:00-2:55 3:00-3:55 4:00-4:45 Reservations
	18+ Vortex 4:20-4:50 4:55-5:25 5:30-6:00		18+ Vortex 4:20-4:50 4:55-5:25 5:30-6:00			Required
18+ Vortex 6:40-7:10 Open Swim Vortex On 7:15-7:55	6:05-6:35 6:40-7:10 Reservations Required	18+ Vortex 5:00-5:30 5:35-6:05 6:10-6:40 6:45-7:15 7:20-7:55 Reservations	6:05-6:35 6:40-7:10 Reservations Required	Open Swim Vortex On 5:00-5:55 6:00-6:55 7:00-7:55 Reservations Required	CLOSED	CLOSED
Reservations Required	CLOSED	Required	CLOSED			
CLOSED	0.00.0	CLOSED	0.00.0	CLOSED		



# WHIRLPOOL SCHEDULE

December 1 - December 14, 2025

NO Reservations Required (minimum age of 15 is required for whirlpool use)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am -7:30am	5:00am -7:30am	5:00am -8:45pm	5:00am -7:30am	5:00am -8:45pm	111122	,
Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open	CLOSED	CLOSED
					7:00am -4:45pm	7:00am -4:45pm
7:30-7:45 CLOSED	7:30-7:45 CLOSED				Whish and Ones	Whirlpool Open
7:45am - 8:30am	7:45am - 8:30am	7-20 0-45 01 0050	7.20 0.45 (1.055)	7.20 0.45 0.0050	Whirlpool Open	wniripooi Open
Whirlpool Open	Whirlpool Open	7:30-8:45 CLOSED	7:30-8:45 CLOSED	7:30-8:45 CLOSED		
8:30-8:45 CLOSED	8:30-8:45 CLOSED					
8:45am - 9:45am	8:45am -11:55am	8:45am - 8:45pm	8:45am -11:30am	8:45am -11:55am		
Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open		
9:45am-12:15pm CLOSED 12:15pm - 8:45pm	1155-1215 CLOSED 12:15pm - 1:00pm Whirlpool Open			1155-1215 CLOSED 12:15pm - 1:00pm Whirlpool Open		
Whirlpool Open						
	100-115 CLOSED 1:15pm - 8:45pm		44.20 2.00	100-115 CLOSED 1:15pm - 8:45pm		
	1.13pm 0.43pm		11:30am-3:00pm CLOSED	1.15pm 0.45pm		
	Whirlpool Open		CLOSED	Whirlpool Open		
			3:00pm - 8:45pm Whirlpool Open			
					CLOSED	CLOSED



#### **SOUTHDALE YMCA**

### **LEISURE POOL SCHEDULE**

December 15 - December 21, 2025

\*\*\*Reservations Required for all evening, weekend and Water Exercise Classes in the Leisure Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
		Water X Class 7:45-8:30 Reservations Required	Water X Class 7:45-8:30 Reservations Required	Water X Class 7:45-8:30 Reservations Required		
Open Swim Vortex On 9:00-11:55 No Reservations	Open Swim Vortex On 9:00-11:55 No Reservations		CLOSED Open Swim Vortex On 9:00-11:55 No Reservations	Open Swim Vortex On 9:00-11:55 No Reservations	Open Swim Vortex On 9:00-9:55 10:00-10:55 11:00-11:55 12:00-12:55 1:00-1:55	CLOSED
		CLOSED	CLOSED Water X Class 12:15-1:00 Reservations Required	CLOSED Water X Class 12:15-1:00 Reservations Required	Reservations Required	
CLOSED	CLOSED		CLOSED	CLOSED		Open Swim Vortex On 2:00-2:55 3:00-3:55 4:00-4:45 Reservations
	Open Swim Vortex On 4:00-4:55 5:00-5:55		Open Swim Vortex On 4:00-4:55 5:00-5:55			Required
Open Swim Vortex On 5:00-5:55 6:00-6:55 7:00-7:55 Reservations Required	6:00-6:55 Reservations Required	Open Swim	6:00-6:55 Reservations Required	Open Swim	CLOSED	CLOSED
	CLOSED		CLOSED			
CLOSED	0.00.0	CLOSED	0.00.0	CLOSED		



# WHIRLPOOL SCHEDULE

December 15 - January 11, 2026

NO Reservations Required (minimum age of 15 is required for whirlpool use)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am -7:30am	5:00am -7:30am	5:00am -8:45pm	5:00am -7:30am	5:00am -8:45pm		
Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open	CLOSED	CLOSED
					7:00am -4:45pm	7:00am -4:45pm
7:30-7:45 CLOSED	7:30-7:45 CLOSED				Miletale e el Ocean	Mile teles en el Oceano
7:45am - 8:30am	7:45am - 8:30am	7-20 0-45 01-0055	7-20 0-45 01-0055	7.20 0.45 0.0055	Whirlpool Open	Whirlpool Open
Whirlpool Open	Whirlpool Open	7:30-8:45 CLOSED	7:30-8:45 CLOSED	7:30-8:45 CLOSED		
8:30-8:45 CLOSED	8:30-8:45 CLOSED					
8:45am - 9:45am	8:45am -11:55am	8:45am - 8:45pm	8:45am -11:30am	8:45am -11:55am		
Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open	Whirlpool Open		
	willipool Open	willipool Open	willipool Open	willipool Open		
9:45am-12:15pm						
CLOSED						
12:15:22 0:15:22	1155-1215 CLOSED					
12:15pm - 8:45pm	12:15pm - 1:00pm Whirlpool Open			1155-115 CLOSED		
Whirlpool Open						
титрост орот	100-115 CLOSED 1:15pm - 8:45pm			1:15pm - 8:45pm		
	1.13piii - 6.43piii		11:30am-3:00pm	1.15piii - 6.45piii		
	Whirlpool Open		CLOSED	Whirlpool Open		
			3:00pm - 8:45pm			
			Whirlpool Open			
			willipoor open			
					CLOCED	CLOCED
					CLOSED	CLOSED
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